

# ULLIANCE HUMAN EFFECTIVENESS TRAINING

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## Team Building

The ability to work with others on a successful team is a critical skill for almost any job today. Participants of this seminar will learn how to be a member of a high performing team and effectively deal with any barriers to their success. Additionally, attendees will have the opportunity to examine their primary communication style and those of their teammates as well.

## Team Development

- Stages of team development
- Are you a team player?
- Team building principles

## Team Communication

- Understanding styles
- Non-verbal communication
- Strategies for communicating more effectively

## Building Strong Teams

- Shared goals and clear roles
- Continuous learning
- Problem solving

## Working on a Diverse Team

- Valuing individuality
- Maximizing each other's talents

## Next Steps

- Improving team processes
- Becoming a high performing team

